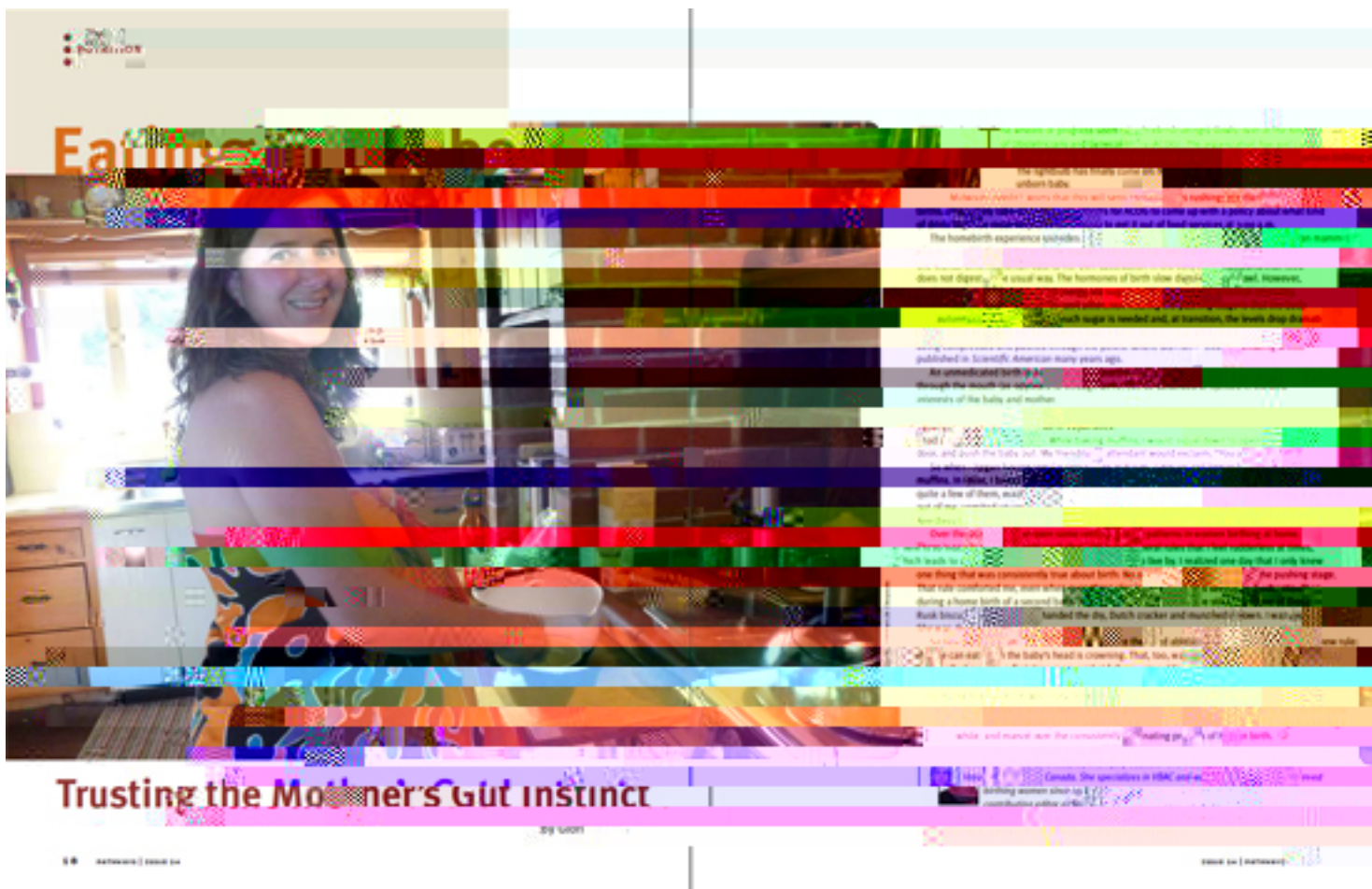


Eating in Labor: Trusting the Mother's Gut Instinct

Written by Gloria Lemay

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The wheels of progress seem to turn excruciatingly slowly over at the American College of Obstetricians and Gynecologists (ACOG). The organization has just come out with official policy that reverses its position on withholding beverages from birthing women. The lightbulb has finally come on: Nothing is helped by completely starving a woman and her unborn baby.



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