

Too Hot to Handle

Written by Kevin Hinton, M.A.

Tuesday, 01 September 2009 00:00 - Last Updated Wednesday, 06 November 2013 10:14

Imagine that you forget That the coffee was made with boiling water. That the tea kettle just came off the burner. That the car radiator fluid was boiling as you removed the cap.

How long before you remove your hand from the source of the heat and pain? Not long, I ll bet
In fact, its almost instantaneous. Such is the power of recognition within the organism the
ability of each and every cell to respond.

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We need carers – people who facilitate the environment so that the body can accomplish its task with the least amount of stress.

About the Author:



Kevin Hinton is a renowned natural health educator and advocate who has helped a broad range of people reinvigorate their lives through common-sense natural health practices. He is a trusted advisor to many in the corporate world in Australia and North America who recognize the life-improving value of natural health habits. Hinton's experience reveals that adopting practical natural health habits usually helps drive success in other areas of life. Meet Kevin and his wife Katy here: thehealtheducator.com.au.

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