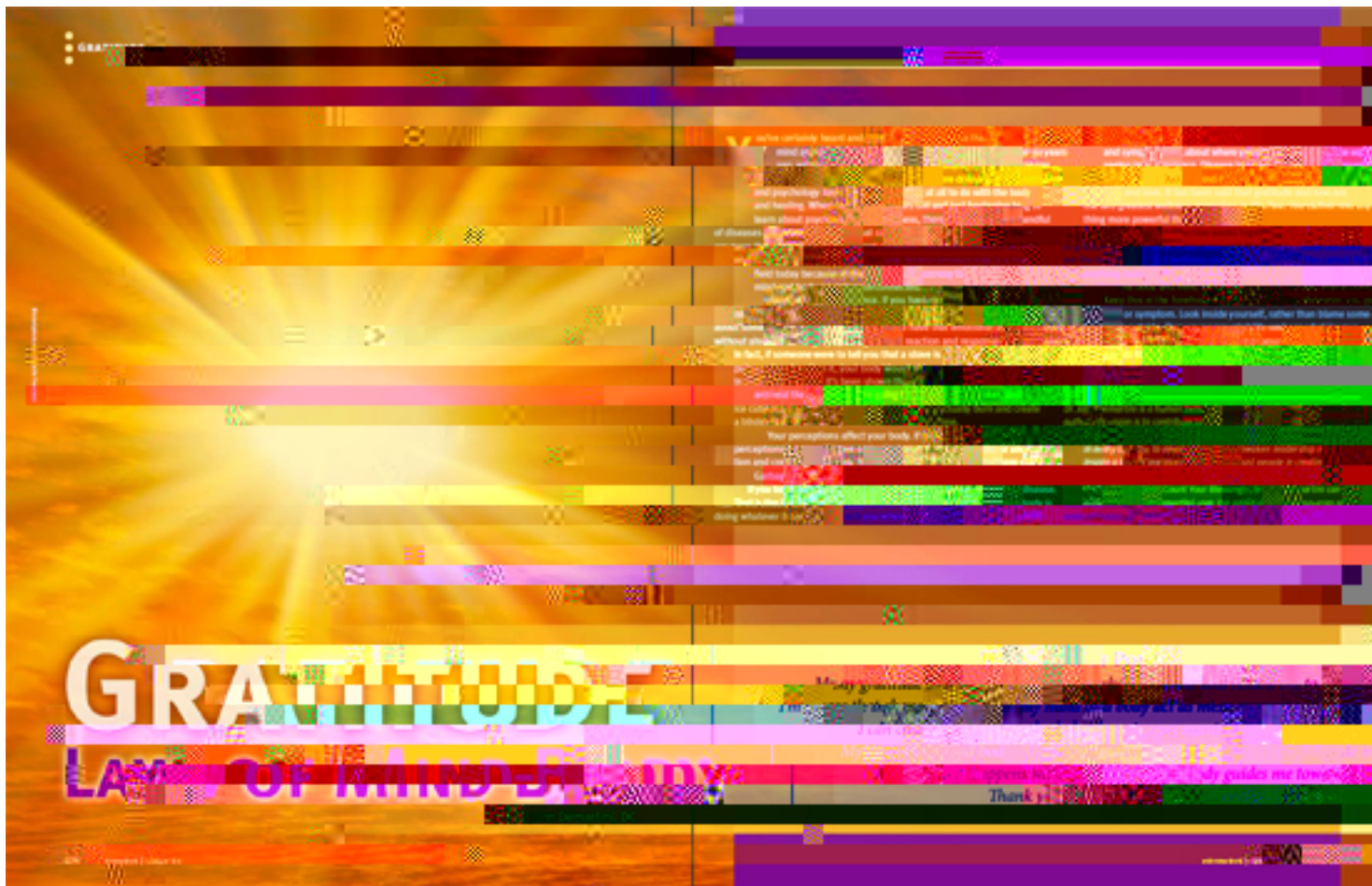


Gratitude: Law of Mnd-Body

Written by John Demartini, DC

Monday, 01 March 2009 00:00 - Last Updated Friday, 10 January 2014 14:08

You've certainly heard and read about the idea that the mind and body are interconnected. More than 30 years ago, when I first began studying healing processes, certain factions of medicine were debating whether the mind and psychology had really anything at all to do with the body and healing. When I was 18 years old and just beginning to learn about psychosomatic illness, there were only a handful of diseases that came under that course of study. Today there are more than a hundred different conditions known to be influenced by the mind. In fact psychoneuroimmunology is a huge field today because of that. There's no way to deny that your mind and body are interconnected.



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