

## Injury and ADHD

Written by Yannick Pauli, D.C.

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Early research has shown that very young children who sustained head trauma often meet the diagnostic criteria for ADHD within two years even if they were not diagnosed with ADHD prior to the injury. Spurred by these findings, a study published in The British Medical Journal investigated a relationship between head injuries and childhood ADHD. The research team collected data from 62,088 children and divided them into two groups: children who had head, burn, or scald injuries before they reached the age of 2, and children who were injury-free. They discovered that those who received head injuries in early childhood are 90 percent more likely to get diagnosed with ADHD before they turned 10.

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