

Adjusting to a New Life

Written by Pathways Magazine

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Survival of the newborn is governed mainly by the integrity and function of the vital centers in

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When a woman gives birth in a hospital, she and her baby are usually released as healthy, at which point the obstetrician's role is generally complete. If a problem with the baby's health

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began to appear over his previously yellow body. As we listened to his heart rate, we witnessed the activation of his body's innate intelligence to re-regulate itself. Within minutes, his red splotching turned into an even, pink skin tone in front of our eyes. The yellow hue was gone! His rooting instinct kicked in and he nursed with a strong and healthy latch for ten minutes. I checked him once more to ensure the adjustments were holding. At this point, his reflexes seemed to come alive; he was alert and active. By the end of the hour, his heart rate had completely normalized to 120 to 130 bpm. Interestingly, his testicles had also descended within that hour. That may have been a coincidence, but it seems noteworthy given all the other healthy indicators we witnessed as a result of the adjustments.

Ellen and I left together. Once we were alone, she told me she believed Abdullah's adjustment saved his life. In her experience, his failure to thrive had made him a likely candidate for SIDS. It was staggering to process the magnitude of what had happened. Being a part of Abdullah's remarkable transformation has been one of the blessings and wonders of my life. And yet, what we had witnessed was no miracle; it was simply a reminder of how flawlessly the body responds when all its circuits are connected.

Abdullah continued to thrive and engage in all normal newborn activities. When I examined him during a follow-up visit, his heart rate remained in normal range, as did his front of and reflexes.

In retrospect, I realize none of this could have taken place had my midwife not recognized the need for chiropractic adjustments in the first place. ,roAbde 4other

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A Midwife's Insight

It was June 2nd; I was called to attend the home birth of a 32-year-old woman. It was her second planned home birth. I arrived at 11:30 p.m. Her first assessment showed her at 6 centimeters dilated and 85 percent effaced, with the baby at 0 station. The baby's position was ROT (Right Occiput Anterior) with good heart tones at 144 beats per minute. Her membranes

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I personally feel that we may have prevented a SIDS episode by having rechecked the baby's heart on the postpartum visit and getting him adjusted by a chiropractor to restore normal nerve function in the upper neck.

Ellen, CPM

A Mother's Intuition

I listened to the midwife's words as she performed the postpartum checkup for my newborn son. He's jaundiced already, she said, and he's lost a full half pound.

I feared something was wrong.

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