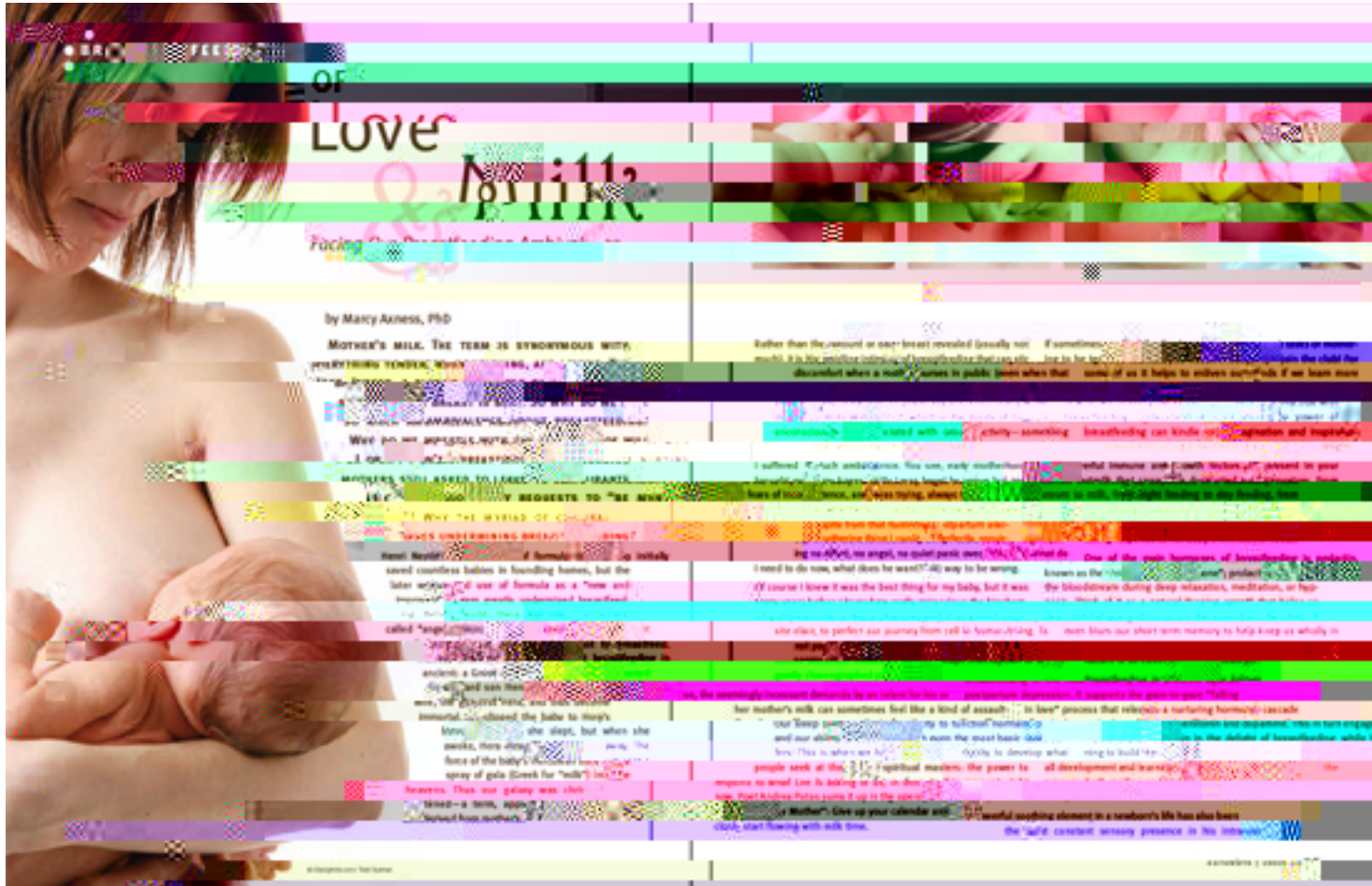


Of Love and Milk: Facing Our Breastfeeding Ambivalence

Written by Marcy Axness, PhD

Saturday, 01 September 2007 00:00 - Last Updated Tuesday, 11 February 2014 08:23

Mother's milk. The term is synonymous with everything tender, nourishing, and loving. The best indeed, a slogan-writer bottom-lined it succinctly: Breast is best. So why do we have so much ambivalence about breastfeeding? Why do we wrestle with the choice of will I or won't I breastfeed? Why are nursing mothers still asked to leave restaurants or harassed by requests to be more discreet? Why the myriad of cultural messages undermining breastfeeding?



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